

SEPTEMBER 2023

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
Breakfast Menu					1 Donut Fruit Juice	2
3	4 No School	5 Nutri grain bar Fruit Juice	6 Scrambled egg bowl Toast Fruit Juice	7 Brown sugar oatmeal Toast Fruit Juice	8 GS-Cereal, Toast, Fruit, Juice JH/HS-Danish apple claw, Fruit, Juice	9
10	11 Pancake & sausage On a stick Fruit Juice	12 Yogurt w/strawberries Toast Fruit Juice	13 Sausage patty Tri tater Toast Fruit Juice	14 Frittata cheese omelet Toast Fruit Juice	15 English muffin Fruit Juice	16
17	18 Waffles Sausage patty Fruit Juice	19 GS-Biscuit Egg & Sausage patty JH/HS-Assorted muffins Fruit Juice	20 Pop tart Fruit Juice	21 Biscuit with sausage gravy Fruit Juice	22 Fruit frudel Fruit Juice	23
24	25 Peanut butter & jelly uncrustable Fruit Juice	26 Coffee cake Fruit Juice	27 GS-Assorted muffins JH/HS-Biscuit Egg & Sausage patty Fruit Juice	28 Assorted cereal Toast Fruit Juice	29 French toast sticks Sausage links Fruit Juice	30

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Lunch Menu					1 Assorted sandwiches Chips Fresh veggies Pears	2
3	4 No School	5 Hamburger on bun French fries Green beans Pudding Mixed fruit	6 Crispito w/cheese sauce Rice Refried beans Pineapple	7 BBQ Meatballs Mashed potatoes Corn Mandarin oranges	8 Sloppy joe on bun Nacho chips Cheese sauce Peas Peaches	9
10	11 BBQ Pork on bun Baked beans Cole slaw Applesauce	12 Walking taco Lettuce, cheese, salsa Corn Tiger bites w/icing Peaches	13 BBQ Rib on bun Potato smiles Green beans Pineapple	14 Chicken alfredo Breadstick Lettuce salad Peas Mixed fruit	15 Loaded nachos Lettuce, cheese, salsa Apricots	16
17	18 Chicken patty on bun French fries Carrots Mandarin oranges	19 Popcorn chicken Mashed potatoes w/gravy Corn Pears	20 Toasted ham & cheese Tater tots Green beans Cake w/strawberries Pineapple	21 Pig in a blanket Baked beans Pasta salad Applesauce	22 Chicken strips Macaroni & cheese Peas Peaches	23
24	25 Bosco sticks Marinara sauce Lettuce salad Mandarin oranges	26 Pork tenderloin on bun French fries Green beans Cookie Peaches	27 11:30 Dismissal SIP Day	27 Corn dog Soft pretzel w/cheese Carrots Pears	29 Texas toast pizza Lettuce salad Corn Pineapple	30