HARTSBURG-EMDEN CUSD No. 21 SEPTEMBER 2021 NEWSLETTER FROM THE SUPERINTENDENT'S DESK

Terry Wisniewski, Superintendent

On a personal note, as I enter my eleventh (11th) year in Hartsburg-Emden School District, it continues to be an honor to serve in the capacity of Superintendent. I thank everyone (students, parents, board members, community members, and staff) for the relationships I have developed with you over the past ten (10) years. Like many others, I have always had a passion to be an Educator. I am lucky to be a part of this community. The loss of two (2) Juniors (Gage Bell and Gage Klein) in an automobile accident the week we started school was an enormous shock. The overflow of support from the communities of Hartsburg and Emden during this past month was nothing less than extraordinary. Words cannot express the gratitude I have for the support everyone provided each other, especially the support for our families who lost a child. Both families have given me their utmost thanks for the support they received. This past month was truly humbling as we went through a very difficult start to the school year.

In addition, there is no doubt that schools are facing one of the largest challenges in the history of public education in Illinois. The COVID-19 pandemic continues to present challenges none of us could have imagined 18 months ago. Balancing safety and state mandates with best educational practices is something that would have ever crossed my mind when I entered the classroom for the first time 26 years ago. As confirmed cases begin to rise again (with the new delta variant) in Illinois, this has created a lot of anxiety to the start of another school year. Our staff is doing everything they can to make it the best it possibly can be. It is not ideal from an educational vantage point. It can be frustrating for everyone – families, teachers, administrators, and everyone in general. Worrying about everyone's health and safety (following a lot of additional rules and procedures, which seem to change regularly) while trying to provide the best education possible (under those rules and procedures) can cause strained nerves. The staff of Hartsburg-Emden has worked hard, and will continue to do so, to keep our children's safety and education the top priority.

The social and emotional stress put on students and families to start this school year has been high. It is so easy for tensions to run high during times like these. It is important that we find a way to express those feelings of anxiety. Do not fight these emotions. There is a misconception among some that containing one's emotions contains the problem or that they need to be strong for their families by avoiding those emotions. That often backfires on people. You will also find many people having similar concerns. Make sure you find social support. Family and friends are a good place to start. Amanda Feltes, our school guidance counselor, has put together some wonderful materials on her website. Tri-County and our local churches have provided additional counseling support for us as well. Many people find a support group where they are able to belong. For others, it just helps to find a way to relax. Prayer, meditation, or deep relaxation techniques, all offer a powerful antidote to stress. They give your body several moments where you are able to clear your mind and focus on anything other than your anxiety. Please watch out for each other and let us know if we can help.

As the school year officially gets underway, the first couple of weeks is often a time for us to get bugs worked out. All-in-all we had a good week with routine items (buses, cafeteria, and other general routines). Our new Principal, Cory Brown, and Guidance Counselor, Amanda Feltes, did an outstanding job working many of the bugs out. We really have some great teachers who are dedicated to our district. We have several new staff members who will be terrific additions to our staff as well. The staff is excited about the upcoming year. Remember, as we begin a new school year, we find teachers establishing school standards and rules. In the most successful classrooms, teachers have established specific routines for the children to follow. This means giving the children a specific place to find and keep materials, a set schedule for classroom instruction, etc. These routines, blended with the teacher's consistent standards, form a smooth running classroom where the children have the security of understanding their environment, producing a positive reinforced setting. The Hartsburg-Emden Staff is looking forward to working with our students and to a terrific school year.

PRINCIPAL'S MESSAGE

Cory Brown, Principal

School is officially underway in Hartsburg-Emden. It has been great to see our staff come together to welcome back all of the students. We are following all the required COVID protocols to ensure a safe year. Now that everyone is back, we will start planning as many events as our safety protocols will allow.

Fall sports are getting underway, as well. Please be sure to check our schedules and watch some girls softball games before the season ends. If you have time, please check out golf, as well. High School Volleyball has just started and we are allowing spectators in the gym. We will have limited seating so the first 100 spectators not receiving an advance ticket will be permitted inside. Because of the uncertainty of seating, we can not do family passes.

This year's Homecoming will be September 20th-24th. The week will include special dress-up days Monday-Friday including all students K-12th. Our Homecoming Volleyball Match will be Thursday September 23rd against Mt. Pulaski.

Please keep in mind a couple dates that students will have off or have early dismissal. Monday, September 6th, school will not be in session for Labor Day. Wednesday, September 15th will be a 2:00 dismissal. Wednesday, September 29th will be an 11:30 dismissal.

I hope everyone is enjoying the last days of summer and if you ever have any questions or concerns, please feel free to contact me.

ATHLETIC DEPARTMENT

Matthew Stoltzenburg, Athletic Director

Welcome back to another year of Stags' athletics. School is back in session and so are our sports teams.

The junior high softball team is in midseason shape. Coach McAfee and the girls are nearly ready to begin their postseason play. The girls start regional play on September 8th.

We have a couple boys playing baseball on the WLB coop team as well. They will be in the Logan County Tournament the first week of September and begin their postseason on September 15th.

Coach Robinson and the golf team are on the links. They will be in a couple of tournaments this month with the Tomahawk Conference Meet on September 13th and the Clinton Invite on September 20th. They will have home matches on September 8, 15, and 16 in Atlanta at North Greens golf course.

Our last fall sports team, the high school volleyball team, begins their season at Delavan on August 31. They will have home games on September 7, 14, 20, and 23. The girls also travel to Effingham for a tournament on September 4th.

As a new school year starts, I would like to ask that all of us display a high level of sportsmanship. Let's make sure that we are cheering for our hard working coaches and players and not being negative towards the officials, coaches, fans, or players. Remember that we are role models for our student-athletes.

A reminder that parents should make sure if your son/daughter is not riding the bus home, you have signed them out with the coach. If there are other arrangements, make sure the coach is aware of this and has written documentation of your plans.

Good luck to everyone and let's have a great year. Go Stags!

FFA News

Sara Barton, FFA Sponsor

The Hartem FFA worked hard this summer! They showed animals at various fairs, attended the Illinois State FFA Convention, walked in Hartsburg and Emden's 150th celebration parades, served our annual chicken dinner at Emden homecoming, and cleaned barn stalls at the State Fair.

The FFA will be selling mums this September! Watch the Hartem FFA Facebook page and the school website for information on when the mums arrive.

GUIDANCE DEPARTMENT

Amanda Feltes, Guidance Counselor

Welcome back! I hope everyone had a wonderful summer. I am excited to see all of the students back to school and ready to start a fresh new school year. I am looking forward to a great year. Here are a few tips to help everyone kick off the new school year on the right foot:

- Get Involved! It is important for students to not only have consistent attendance at school, but also have an active role in their classes and school community. School is not just about academics. It is also about learning from and making the most of social and extracurricular experiences. Talk to your teachers about what opportunities are available.
- Make the most of your study time! Put those study halls to good use. It is far easier to keep up than to catch up. The brain tends to more easily retrieve information that has been learned continuously rather than crammed in a few hours. If you devote thirty minutes every day to each subject, you will find yourself retaining information better.
- Get to know your teachers and counselor!

 Students who need help often do not ask for it or wait too long to get it. You will find that your teachers and counselors want to help you, but they cannot read your mind.
- Keep a balance in your life! School can be stressful and fast-paced at times. Taking care of yourself will help you through these times. Getting enough sleep each night, eating right, and spending some fun time with family and

friends are key steps in staying physically healthy and mentally alert. All work and no play can make for an unhealthy student. Come see your counselor if you are feeling overwhelmed.

• Set reasonable goals for yourself and periodically check your progress! Take time now to determine what you want to accomplish this year. Tape your goals to the wall so you can remind yourself daily of what you hope to achieve. It works! Also, the Tyler portal is a great way to track your grades and see if you are missing anything. Make it a habit to check this often.

Important Reminders for High School Students

PSAT

The **PSAT/NMSOT** will be offered at HEHS on Wednesday, October 13, 2021. If any 10th or 11th grade student is interested in participating in this assessment, please contact Mrs. Feltes to register by Friday, September 10, 2021. The cost to take this test is \$18. While this is not a required assessment, it is a great practice opportunity for the mandatory assessments in Spring 2022. In addition, juniors who complete the PSAT/NMSQT will have the opportunity to qualify for the National Merit Scholarship. (The Oct 13th PSAT/NMSQT administration is the only opportunity to qualify for the National Merit Scholarship.) Illinois will be administering the mandatory PSAT to all 9th and 10th grade students and mandatory SAT to all 11th grade students in the spring of 2022.

Planning Ahead

The 2022-2023 Free Application for Federal Student Aid (FAFSA®) will be available on October 1, 2021. Please note that submitting the FAFSA (or completing an opt-out waiver) is a graduation requirement! It is recommended to submit this application as soon as possible to ensure the best access to financial assistance. We will be planning another FAFSA Completion Workshop in October (Date is TBD). Keep an eye of for flyers sent home and the next newsletter for that date.

HARTEM DISTRICT WEBSITE

Be sure to check out the Hartem district website at www.hartem.org for all up-to-date information and activities that we have going on! The website is a great tool for everyone to stay informed!!!



HARTSBURG'S 150TH CELEBRATION BOOK Hartsburg's 150th Celebration Committee is busy gathering updated family histories for Hartsburg's 150th Celebration Book. In addition, we would like updated histories on local businesses, schools, churches, the Village of Hartsburg, Fire Department, etc.

We are very excited that Hartem teacher Mrs. Nichole Folkman and her Journalism students have taken on the project of putting the book together for us.

For family histories, please include any marriages, births, deaths, or any other family milestone that has occurred during the last 25 years. We encourage families who are new to the community to submit family history information for the book. We ask businesses, churches, and schools to update their history. Books will be available for purchase when it has been completed.

You can email your information for the updated book to Mrs. Folkman at nfolkman@hartem.org. Information can also be sent to anyone listed below:

Nichole Folkman Norma Bathe 215 W. Pine Street PO Box 138 Hartsburg, IL 62643 Hartsburg, IL 62643

Joyce Leesman 1165 2300 St. Hartsburg, IL 62643

The deadline to submit updated history information is September 30, 2021. Thanks for helping us preserve the history of our community. Norma Bathe – 150th Celebration Chairman

VOLLEYBALL HOMECOMING WEEK

The 2021 Volleyball Homecoming Week will be September 20th – September 24th. Our Homecoming Match will be **THURSDAY**, SEPTEMBER 23rd against Mt. Pulaski. The week will consist of DRESS UP DAYS where each day Monday-Friday will have a theme for all classes K-12th. The class with the most participation will earn a pizza party! Thursday will be the Homecoming Assembly with introduction of the team and class competitions.

The SEMI-FORMAL DANCE will be held at the high school on Saturday, September 25th 7:00pm-10:00pm. Tickets will be available through Student Council members. Remember to sign up your out-of-town guests in the office!

VOLLEYBALL SPIRIT!!!

AGAIN this season we are trying to fill the bleachers with ORANGE AND BLACK! Come enjoy a game of volleyball wearing school colors and get a chance at \$10. We will pick a winner each home game! Let's get this school year started off right!

GO HARTEM!



SEPTEMBER	2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Picture Day @ GS 8:00	Picture Day @ HS 8:00 JHSB @ Delavan 4:30 HSVB @ Dee-Mack 5:30	JHSB vs Tremont 4:30 *8 th Gr. Night*	4 HSVB @ Casey- Westfield Tourn TBA
5	6 No School HSVB @ Greenview 6:00	7 Golf @ IC 4:00 HSVB vs Lewistown 6:00	8 JHSB-1A Reg. TBA Golf @ Atlanta 3:30	9	10	11 JHSB-1A Reg. TBA
12	JHSB-1A Reg. TBA Golf-Tomahawk @ MWC 11:00 HSVB @ Tremont 5:30	14 HSVB vs Athens 6:00	2:00 Dismissal Faculty Meeting Golf @ Atlanta (V) 3:30	16 Golf @ Atlanta 3:30 HSVB @ Prairie Central 6:00	17	18 JHSB-1A Reg. TBA
19	20 Board Meeting 7:00 Golf @ Clinton Inv. 3:00 HSVB vs W-L 6:00	21 Golf @ Williamsville (V) 4:00	22	23 HSVB vs MP 6:00 *Homecoming Game*	24 JHSB-1A State TBA	25 JHSB-1A State TBA HSVB-Homecoming Dance 7:00-10:00
26	HSVB @ Routt Cath. 6:00	28 Golf @ Greenview 4:00	11:30 Dismissal SIP Day	30 HSVB @ Williamsville 6:00		

	SEPTEMBER				202		
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
Breakfast Menu			Nutri-grain bar Applesauce Cherry juice	Sausage patty Tri tater Toast Peaches Cherry juice	Fruit frudel Oranges Cherry juice	4	
5	6 No School	7 Breakfast pizza Pineapple Orange juice	8 English muffin Sausage patty Applesauce Orange juice	9 Peanut butter & Jelly uncrustable Mixed fruit Orange juice	10 Cheese omelet Toast Pears Orange juice	11	
12	Pop tart Mandarin oranges Apple juice	French toast sticks Sausage links Apple juice	15 Biscuit w/Egg patty Sausage patty Pears Apple juice	16 Assorted muffins Peaches Apple juice	Pancake & sausage On a stick w/syrup Mixed fruit Apple juice	18	
19	Warm breakfast bar Applesauce Orange juice	Biscuit with Sausage gravy Peaches Orange juice	Yogurt Strawberries Toast Mixed fruit Orange juice	23 Waffles w/syrup Sausage ptty Pineapple Orange juice	24 Donut Peaches Cherry juice	25	
26	Assorted cereal Toast Mixed fruit Cherry juice	28 Scrambled eggs Bacon Toast Mandarin oranges Cherry juice	Bagel w/ cream cheese Applesauce Cherry juice	30 Biscuit w/egg patty Sausage patty Peaches Cherry juice			

A variety of milk is available every day. This institution is an equal opportunity provider.

Sun	Mon	Tue	Wed	Thu 2	Fri 3	Sat 4
Lunch Menu	A variety of milk is available every day. Chef salad and side salads are available every day at the high school. This institution is an equal opportunity provider.		BBQ pulled pork on bun Baked beans Cole slaw Peaches Italian Ice	Hamburger on bun French fries Green beans Oranges Jello cake	Cheesy breadstick Marinara sauce Romaine salad Peas Pineapple Rice krispy treat	4
5	No School	7 Deli sandwich Fresh veggies/dip Sun chips Apple Cinnamon coffee cake	8 Crispito w/cheese sauce Mixed vegetables Bread Pears No bake cookies	9 Nacho supreme Refried beans Lettuce Pineapple Cookie	Pork tenderloin on bun Pickle/onion Green beans French fries Pears Baked apples	11
12	Corn dog Soft pretzel Mixed vegetables Peaches Fruit loop bar	Salisbury steak Mashed potatoes/gravy Corn Roll Pineapple Jello	Hot dog on bun Potato smiles Corn Cottage cheese Applesauce Pudding	Fish sticks Macaroni & cheese Peas Mixed fruit Texas sheet cake	Chicken wrap Cooked carrots Romaine salad Applesauce President cookies	18
19	20 Meatball sub Cooked carrots Pears Juice bar	21 Chicken patty on bun French fries Mixed vegetables Peaches Cake w/ strawberries	22 BBQ Rib on bun Pickles/onions Green beans Applesauce Cookie	Popcorn chicken bowl Mashed potatoes/gravy Corn Pineapple Brownie	Peas Romaine salad Mandarin oranges No bake cookie	25
26	Walking taco Lettuce Corn Mixed fruit Graham crackers	BBQ Chicken on bun French fries Mixed vegetables Pears Vanilla wafers Banana pudding	11:30 Dismissal SIP Day	30 Tater tot casserole Green beans Mixed fruit Bread Jello		

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