#### HARTSBURG-EMDEN CUSD No. 21 November 2023 Newsletter

#### FROM THE SUPERINTENDENT'S DESK

Terry Wisniewski, Superintendent

This is my 28th year in education and the one thing I really dislike the most in education is toxicity. I've witnessed how negativity really affects the school climate and culture. It seems to be able to grow exponentially and is always a challenge to defeat. I consider myself a fairly positive person. I believe Hartsburg-Emden is one of the most positive school district's out there, but, unfortunately, we seem to be living in a very unwelcome time, which can lead to negativity. Again, it is a constant battle and we do all we can to stop it in its tracks. There is a lot of research that indicates that students learn best in a positive/secure environment. That same research indicates that when the environment is negative/unsecure. learning is hampered. Establishing and maintaining a positive school culture that encourages each student to reach his/her fullest potential, is essential. I am verv pleased with the Hartsburg-Emden staff. It is not an easy task to see so much negativity around you and keep a positive mindset. They have kept their focus on remaining positive with our students during these trying times. Not only are we maintaining a positive and caring environment, but we are maintaining high standards and high expectations for our students. We are showing our students the learning targets and pushing them to achieve those goals. It is also important to remember that each child has certain talents and abilities. Our staff is assisting each student to reach his/her fullest potential. Again, this district has something unique that many schools do not have and we are staying committed to those Hartsburg-Emden values that make us special. Being a Hartsburg-Emden Stag is a powerful thing.

We remain committed to fiscal responsibility. In fiscal year 2023, we are pleased to report that our budget has allowed us to continue providing high-quality education to our students. In summary, Hartsburg-Emden is in a strong position both financially and educationally (with more up-to-date technology, playground upgrades, and advancing our agriculture programs). We remain committed to working within our means while transforming our school into a great learning center focused on the values of the Hartsburg-Emden community. Working collaboratively in the spirit of "WE", staff, administration, parents, and Board of Education have a commitment to the systemic student-centered focus of continuous, academic excellence for all students. We serve as an accessible resource for our students, enabling them to reach their full potential in a caring and safe environment. Hartsburg-Emden is currently in the best financial position with one of its lowest tax rates in 25 years. We have been planning for some challenges we see coming forward, the increase in costs for the \$15 minimum wage and \$40,000 minimum teacher salary. Our preparation of these two mandates is paying off. The ESSER money will be gone at the end of this year and the money has been used to support our educational goals. We still have the extra concern of inflation and the increase in costs of day-to-day supplies. Although we remain in a strong financial position, there are a few concerns moving forward, but I am confident we will be able to address those concerns. We continue to do our best to continually increase our educational opportunities while remaining financially responsible.

Our District thrives due to the support of the local community. We are grateful for our ongoing partnerships with local businesses and organizations, which enhance educational opportunities for our students. I shared with the Board in the last Board Meeting over \$8,500 in donation to the Rudy Klokkenga Fund, FFA, Hartem Chess, and the Grade School Playground. I am always amazed by the generosity of the community and their support for our schools. As we look ahead, our District's future is bright because of this support. I am excited about the path ahead for Hartsburg-Emden C.U.S.D. #21. In every journey, there are times when the road becomes challenging, the path ahead seems uncertain, and mistakes happen. As we navigate the complex landscape of the educational world, the district and community has continued to work together to ensure the well-being and education of our students has remained our top priority. Thank you for your continued support.

In conclusion, I hope everyone enjoys the four (4) F's of Thanksgiving (Friends, Family, Food, & Football). Thanksgiving is not only about expressing gratitude but also about spreading kindness. Encourage random acts of kindness throughout our community, such as reaching out to a neighbor in need, supporting local charities, or extending a helping hand to others. As we celebrate Thanksgiving and embrace the spirit of gratitude, let us carry this mindset forward into the future. Let us continue to nurture a sense of thankfulness in our schools. homes, and most importantly our hearts. This is the perfect time to pause, reflect, and express gratitude for the countless blessings that surround us. While Thanksgiving may be a specific day on the calendar, the spirit of gratitude is one that should resonate throughout the entire year. I am truly grateful to have been a small part of the Hartsburg-Emden community over the past 13 years. Go Stags!!

#### **DECEMBER BREAKFAST/LUNCH PRICES**

Student Breakfast \$40.00 Student Reduced Breakfast \$6.00 Student Lunch \$56.05 Student Reduced Lunch \$7.60 Students at Hartsburg-Emden Jr./Sr. High School will need to pay for seconds. Entrées are \$1.00, vegetable/fruit/chips are \$.50, Italian Ice is \$.75 and milk is \$.50.

#### PRINCIPAL'S MESSAGE

Cory Brown, Principal

Hello Hartem Families!

We have been getting pretty lucky with the warmer weather recently. I was able to get some late season motorcycle riding in so those are bonuses for late October in Central Illinois. The forecast shows some cooler weather in the beginning of November, but the long term outlook, that I have seen, shows a warmer winter than usual. The weather has cooperated, for the most part, for our harvest. We are on the back end of the 1st semester so the sports will be changing soon with the seasons.

The Girls Volleyball Team is in the postseason and have strong state ranking. The girls have been practicing hard and will have the same mental grit that they always do. I'm not a gambler but I would predict some great things this month. Please see our website for more information concerning times and dates. If we do have a good run, we will have a student fan bus for the Sectional Championship games and beyond. Boys basketball for both the High School and Junior High start this month as well. Coach Sherwood and Coach Vetter are looking forward to leading the boys basketball team this year. Coach Sherwood moved up to head coach this year and is looking to build on what he has been a part of the last couple years. Coach Spencer and Coach Ferguson are ready to start their first tournament at Midwest Central at the end of October. They are pumped for the season and are looking to build off of what they did last year. Coach Heironymus is coaching a Coop chess team this year with Lincoln. He is very optimistic about the year and hopes to make it back to the state tournament.

This month, the Students of the Month for October were Sadie Williams and Hudson Hoerbert. They were nominated and voted for by the Junior High/High School Staff. This is what a teacher had to say about Sadie, "Sadie is a high caliber student who does extremely well in school. She is always polite and thinks of others before herself. Sadie is in many activities and does well in all of them." Here are some words about Hudson from a teacher that nominated him, "He is always respectful, friendly and willing to help others. He gives his best every day in class." Congratulations to both students!

Please note that we will have a few days off in November. We are observing Veterans' Day on November 10th. It just also happens to be the Marine's birthday! Thanksgiving break's first day off will be Wednesday, November 22rd. School will resume on Monday, the 27th. Last, there is a 2:00 dismissal on November 29th.

The first quarter is over so you should have received report cards. If you did not, please reach out to the school and we will send one in the mail.

If you ever have any questions or concerns, please feel free to contact me.



#### **DEAN OF STUDENTS MESSAGE**

Tanya Zerbonia, Dean of Students

The holidays are quickly approaching. The weather is changing. And the school year is in full swing. By now, everyone is familiar with their schedule and teachers and many bugs have been worked out. Thank you to all the parents who attended parent teacher conferences to give insight about their children! Learning is different for everyone and it is important that parents / guardians, students and teachers work together to bring learning to higher levels. If you weren't able to join us, feel free to reach out to your student's teachers with any questions or concerns.

Education is constantly changing and technology has a big role in this. This month, the teacher's will participate in a school improvement day that focuses on Artificial Intelligence and its role and uses in education. I am very excited to attend this professional development as I feel the staff collectively knows very little about this topic. It is new everywhere and is starting to be used in education. As with all technology it has pros and cons. Some schools are already struggling with how students are using this technology. After the workshop, I plan to report back to parents about the relevant uses and pitfalls of this technology. Please know that this is a very powerful tool and can be used the wrong way. One goal of education should be to teach students how to learn; how to find the information they will need throughout life. It is very important for students to understand how to find answers to any questions they might have and to be able to form and document opinions. Artificial intelligence can be used to do this but allows students shortcuts that do not help them grow academically. My hope is that this workshop answers many of the questions our staff and students have and we learn to use this technology appropriately and effectively.

#### **LIBRARY NEWS**

Nichole Folkman, Librarian

#### **Donations**

Liam Crowell donated a Star Wars book.

Alpha Delta Kappa Mu donated \$150 for books. The funds were used to purchase books to help the students travel around the world with our Postcard Field Trip curriculum.

#### **Postcard Field Trip**

Now that we have traveled through space, we are zooming in on planet Earth. We will be exploring continents and countries this year with the aid of amazing books as well as items donated from members of the US Foreign Service. Last spring, Mrs. Folkman was lucky enough to have a letter to the editor published in the Foreign Service Journal, the professional journal for foreign service workers all over the world. She requested postcards from around the world or other small trinkets. The packages have been pouring in! We have postcards, foreign currency, small souvenirs, all sorts of cool things to help enhance our experiences learning about the world. The grade school students experience this through their library class time, while junior high and high school students have book displays to access this material and knowledge.

#### **Book Fair**

Thank you again for your support for the Fall Book Fair! We were able to purchase all of the wish list books for the teachers for their classroom libraries! We're looking forward to our Spring Book Fair and Family Reading Night in March.

#### Yearbooks for Sale

The 2022-2023 yearbook is here! Graduates, if you ordered a yearbook and need to arrange a pickup, contact Mrs. Folkman (<u>nfolkman@hartem.org</u>). If you'd like to buy one of the extras, they are first come, first served and are \$45 each.

To save money on the 2023-2024 yearbook, buy now! Go to yearbookforever.com and order any time first semester and you'll get the book for \$35!

#### GUIDANCE DEPARTMENT

Elizabeth Hilgert, Student Coordinator/Guidance Counselor

#### SENIORS

If you've submitted your Early Applications, congratulations! We know how stressful this time of year can be. If you are still working on college applications, now is the time to finalize your post high school plans. Be sure to check in with Mrs.

Hilgert to go over your plans and ask any questions you may have about the college application process.

#### **FAFSA**

- The FAFSA will not open for 2024-2025 applications until sometime in December. FAFSA completion is now a MANDATORY graduation requirement. All seniors should submit their applications as soon as possible in order for the best opportunity for federal assistance.
- Hartsburg-Emden High School will be hosting a **FAFSA Completion Workshop** on Wednesday, Januray 17th, 2024. All seniors and their parents are strongly encouraged to attend. A representative will be providing a brief presentation about the FAFSA and will be available to provide hands-on assistance in creating a FSA ID and completing the FAFSA application on-site. This workshop will take place in the HS computer lab from 6:00 -7:00 pm. Please RSVP with Mrs. Hilgert (ehilgert@hartem.org) for a list of important items to bring with you to the workshop.

#### CAMPUS VISITS

Now is the time! Visit any college/university/technical school that you may be interested in.
 Remember- Juniors are allowed up to 2 excused absences and Seniors are allowed up to 3 excused absences for campus visits. Fill out a pre-arrangement form in the office as soon as you know the date you will be absent and please let Mrs. Hilgert know when/where you will be making a college visit.

#### TAKING A TECHNOLOGY BREAK

Mindful moments aren't only for meditations. One of the reasons we create a meditation practice is to cultivate more mindful presence throughout our day-to-day lives. But there are a number of things that get in the way of maintaining that feeling of inner peace all day long — and one of the biggest culprits is technology.

Designate device-free windows of time to ditch your device and stay in the moment. Here are some ideas:

- Go for a <u>walk</u> every day without your phone
- Turn your phone off every Sunday (or a day of your choosing), making that conscious effort to take a technology break. If you like the idea but aren't ready to go that far, try just one day a week from noon 4 p.m.
- Silence your phone every evening from 6-8 p.m. (or another two-hour window of time)
- Create conscious intentions around picking up your phone: Ask yourself, do I really need that info, or do I need something else?
- Silence your notifications when you have an important task
  - Turn off your notifications so you are not interrupted —this includes all app notifications that pop on your screen, email and calendar that ding or appear, and your phone's volume.
- Set up a device-free area

Once you begin to incorporate more technology breaks into your life, your instinct to grab your phone for every little thing will decrease, you will rely less on technology, and you will find yourself more present in day-to-day life.

#### HARTEM BAND DEPTARTMENT NEWS

This year, we are expected to have the largest band program in recent Hartsburg history, and are in need of instruments! Yes, it's that big! If you have an unused instrument you are looking to donate or sell, please contact Mr. Jonathan Popper at jpopper@hartem.org. The Hartsburg-Emden Music Department looks forward to a great year in music, and appreciate your time to read this article!

#### HARTEM ATHLETIC DEPARTMENT

Matthew Stoltzenburg, Athletic Director

Harvest season means basketball is here. The junior high basketball teams have begun to practice and will tip off their season in the Midwest Central tournament on Oct 28, 30, and Nov 4. They will have home games on November 7, 9, 13. Good luck to Coach Spencer, Coach Ferguson, and the boys.

The high school girls' volleyball team is ready to begin its post-season run. Coach Hayes, Coach Weatherell, Coach Detmers, and the girls began regional play on October 23 and are looking for a deep postseason run.

Coach Sherwood will begin his first season as head coach with practice on November 6. He and the high school boys head to Beardstown for their Thanksgiving tournament on Nov 20- 25.

A couple of reminders: we will have the fall sports awards on November 14<sup>th</sup> at 6:00 in the high school gym. We will be recognizing junior high softball, junior high baseball, and volleyball. Also, we will have our Meet the Stags Night coming up in the middle of November to kick off the basketball seasons.



#### JH VOLLEYBALL

Jennifer Hayes

# MANDATORY JR. HIGH VOLLEYBALL MEETING TUESDAY NOV. 14<sup>th</sup> @ HIGH SCHOOL CAFETERIA

After the Fall Awards Night

There will be a <u>MANDATORY</u> Jr. High Volleyball meeting for any girl 5<sup>th</sup>-8<sup>th</sup> grade wanting to try-out for Jr. High Volleyball. A parent/guardian <u>MUST</u> be present for your daughter to be able to try-out. If a parent/guardian is unable to be at the meeting due to a prior commitment, he/she must contact me at school or home <u>PRIOR</u> to the meeting. If you do not contact me prior to the meeting, your child will be unable to try-out for the team. **Try-outs will be** the week Nov. 27<sup>th</sup> – Dec. 1<sup>st</sup>

# 2<sup>nd</sup> Annual - Become a 2023-2024 member of the Friends of HARTEM Jr. High Basketball Club Ron Spencer

Calling all HARTEM Alumni, former jr. high basketball players and fans of HARTEM ir high basketball to become members of the 2023-2024 Friends of HARTEM Jr. High Basketball Club by making an investment in our program. You can make your investment in honor of someone (friend, coach, teacher, parents, grandparents, a current player, a particular team (I.E., 1993 State Championship team), etc.) or you can make it in memory of someone. This will be our only annual team community fundraiser. Your investment will help pay for team meals, camps, summer shootouts, gear, etc. Please consider investing in our program to help us move basketball forward at Hartsburg-Emden. We will officially run this fundraiser from November 12 - November 25. If you have more than one person to honor or memorialize, feel free list them separately. All investors will receive a hand written thank you from the team.

All donations made in memory or honor of someone will be displayed on our team Facebook page as well as on a handout at home games (unless you ask to remain anonymous). \*\*Coach Spencer will personally match the first \$500 in donations. No donation is too small or too large. © If honoring or

memorializing someone, please include a note with the following:

In Memory of:

or

In Honor of:

Mail or drop off your donation to (Check payable to HARTEM Jr. High Basketball) between November 12 - November 25.

Hartsburg-Emden High School 400 West Front St. Hartsburg, IL 62643 ATTN: Ron Spencer

#### EMDEN ELEMENTARY SEEKING GYM SHOES

Emden Elementary School needs some gym shoes for students. They could be new or gently used. We are searching for the following sizes:

- · Kids -11 boy
- · Kids -11 boy
- · Kids -13 boy
- · Kids -13 girl
- · Kids -2 boy
- · Kids -3 boy
- · Kids -3 boy
- · Adult -7 boy
- · Adult -8.5 girl
- · Adult -9 girl
- · Adult -10 boy

If you have extra shoes to donate, please call our office (217-376-3151) to verify that we do still need that specific size! Thank you!

#### **ESPORTS**

Eric Gardiner

What a great year it has been to be a Stag, we have officially begun Esports at the highschool level, and are currently wrapping up our Mario Kart and Valorant tournaments. That being said, wish those teams luck as they end their first season on November 5th. Going into the Holiday season, esports will take a short break, but then resume in January. Games that will be played in our Winter season will be: *Fortnite*, *Overwatch 2*, and *Super Smash Bros Ultimate*. If your student is interested in any of these games, and is in 9th-12th grade, please

tell them to speak with Mr. Gardiner prior to December 8th, so they can be rostered to the team. In addition to the expanding game lineup this winter, we will also be introducing a jr. high esports club. As of this time there is no official league of jr. high esports, however, if they want to compete when they get to high school, they should begin practicing now. This club will start up shortly after our high school winter season begins. Jr. high students (6th-8th grade) that would be interested in joining the jr high Esports club should see Mr. Gardiner, so that he has an idea of how many kids would like to join and what games they are interested in playing.

# CLASS OF 2025 FUNDRAISER:PARENTS NIGHT OUT:

Eric Gardiner

The Class of 2025 will be hosting a parents night out on December 16th 2023 from 1PM-5PM. The cost is \$30. For families with more than one child the cost will be \$30 plus \$10 for each additional child. PK-8th grade students are welcome to attend this event and enjoy various activities, a movie, and a meal. Parents interested in dropping their child/children off for this afternoon/evening of fun can fill out the "Child Care Contact and Information" form and bring it along with the required cost to the high school the night of the event. For more information on this event please contact Mr. Gardiner at: egardiner@hartem.org or Mr. Collins at ccollins@hartem.org.

#### <u>Hartsburg-Emden Elementary Christmas</u> Program

Mrs. Jordan-Director

Mark your calendars!! December 7th at 6:30 p.m. the Elementary School will be presenting their Christmas program at the Hartsburg-Emden High School Gym. We would love to see you all there. It is definitely a great way to get into the Christmas spirit. See you on December 7th!!

#### **Senior Beta Club**

John Robinson

The Hartem Senior Beta Club is hosting a Blood Drive with Impact Blood on Wednesday, November 15th from 9:00am to 2:00pm in the HS Gym. Drop-ins are welcome, though appointments are preferred. To sign up, go to the Senior Beta webpage on the Hartem website and click on the link to register. Or, you can email John Robinson (<a href="mailto:jrobinson@hartem.org">jrobinson@hartem.org</a>) to schedule a time to donate blood.

#### **HARTEM CHESS**

**Kent Hieronymus** 

Hartem Chess Team Fundraiser Dec. 6, at the Country Aire Restaurant, Atlanta, IL

The Hartem Chess team is having its annual fundraiser on Wednesday, December 6, 2023. You may come and eat any time of the day on that date. The special on Wednesday night is: All you can eat chicken for \$10.99! This meal includes a side dish, a potato, a vegetable and ice cream. The Country Aire chicken is very very good. You may of course order off the menu with several other excellent choices. Thank you for helping support the Hartem Lincoln Chess team!

#### **Hartem-Lincoln Chess Coop**

Kent Heironymus

The Hartem Lincoln Chess Coop season has started. We have around 17 players. The first meet was a JV match held at Mahomet High School. We won 6.5 games that night. A lot of our players are involved in multiple activities so this was a very good showing. The chess team has a very busy schedule coming up in November. The two schools take turns holding practices during the week. Kent Hieronymus is the head coach, Sally Aukamp, from Lincoln, is assistant and chief planner for the Lincoln teammates. John Robinson the assistant coach for both schools. In addition to helping with the new team, Mr. Robinson coaches the Hartem Jr. High Chess Team.

#### **VETERAN'S DAY**

JoEllen Westen, 4th Grade Teacher

Emden Elementary would like to invite all community members to a Veteran's Day Program on Thursday, November 9<sup>th</sup> at 1:00. The program will be held in the Emden Elementary Gymnasium. Please join us as we honor those who have given so much for our freedom.

#### Spanish I

Kent Heironymus

The Spanish 1 classes are studying time and the difference of ser/estar. We practice simple conversations and pronunciation daily. The students are working very hard and are a pleasure to teach. We will soon be conjugating all the forms of the present tense and writing simple Spanish sentences.

#### Spanish II

The Spanish 2 class is very talented and knowledgeable for beginning students. We have just finished learning the two past tenses in Spanish, the Preterite and the Imperfect tense. The Spanish 2 class learned when to use each tense correctly. The next grammar on our agenda will be Direct Object Pronouns and how they are used.

#### **Spanish III**

Our Spanish 3 and 4 class did a project on El Salvador. The project covered finances, government, and culture of the country. The project was excellent. We have recently spent a lot of time learning when to use the past subjunctive in both the present and the past. The students understand these two verb tenses well now.

#### Red Ribbon Week 2023

During the week of **October 30-November 3rd**, Hartsburg-Emden Schools will recognize Red Ribbon Week.

\*\*Children of parents who talk to their teens regularly about drugs are 42% less likely to use drugs than those who don't; yet, only a quarter of teens report having these conversations. Red Ribbon Week®, the oldest and largest drug prevention campaign in the nation, is your opportunity to get the ongoing conversation started. This year's theme is Be Kind To Your Mind. Live Drug Free. TM Visit www.redribbon.org to learn more about Red Ribbon Week® and get tips for talking to your kids about drugs. \*\*

Dress up days for both the grade school and junior/senior high are as follows:

**Monday, October 30-** SILLY SOCK DAY "Sock It To Drugs"

**Tuesday, October 31-** Halloween Costume "Scare Away Drugs" MUST BE SCHOOL APPROPRIATE!

Wednesday, Nov 1- Country Vs Country Club "No matter who you are, you are important and special!"

Thursday, Nov 2- RED Day
Friday, Nov 3-Sports/Jersey Day- "Team Up
Against Drugs"

#### **FIRE SAFETY WEEK**

JENNIFER HAYES

Emden Elementary recognized Fire Safety Week with posters, essays, and a Fire Safety Assembly. A big THANK YOU goes out to the Emden Fire Department for coming in to talk to our students about the importance of fire safety. The students in kindergarten, first, second, and third grades entered a poster coloring contest. Winners received ribbons. Fourth and fifth graders wrote fire safety essays. 1st, 2nd, 3rd place winners were recognized with ribbons also. To end the assembly, all students' names were put in a random drawing separated by class. Lucky winners in each class received carbon monoxide detectors, smoke detectors, and fire extinguishers, and all students received candy bars and water bottles!

Thank you Emden Fire for a GREAT ASSEMBLY!









Mark your calendars Daylight Savings Nov. 5th and No School Nov. 22nd-24th

# **NOVEMBER 2023**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 HSVB-1A Sect. TBA National FFA Convention	2 National FFA Convention	3 HSVB-1A Super Sect. TBA National FFA Convention Educators Rising Field Trip 8:30-3:15	4 JHBK@ MWC Tip-off 9:30 HS Chess Morton Tourn. @ Morton JH 8:30
5	6 JHBK @ South Pekin 5:00 HSBK- 1st practice HS Chess vs Moline (online) 5:00	7 JHBK vs IC 6:00 HS Chess vs Greenview 5:00	8	9 Qtr. 2 Progress Rpts JHBK vs CC 6:00 GS Veteran's Day Program 1:00	NO SCHOOL HSVB-1A State TBA	11 HSVB-1A State TBA
12	13 JHBK vs MP 6:00	14 HS Chess vs Franklin 5:00 Fall Sports Awards Night @ HS Gym 6:00	15 Sr. Beta Club Blood Drive 9:00-2:00 @ HS Gym	16 JHBK @ Delavan 6:00 FFA Agronomy Contest @ W'ville 5:00	Meet the Stags @ HS Gym 5:30	18 Trivia Night Fund. Class of '26 @ Emden Comm. House 6:00-9:00
19	20 JHBK @ Athens 6:00 HSBK-Beardstown Tourn. TBA Board Meeting @ HS 7:00	21 JHBK @ Havana 6:00 HSBK-Beardstown Tourn TBA	NO SCHOOL HSBK-Beardstown Tourn TBA	NO SCHOOL	NO SCHOOL  HSBK- Beardstown Tourn. TBA	25 HSBK-Beardstown Tourn. TBA
26	27 JHVB-1st practice	28 HSBK vs Athens 6:00	29 2:00 Dismissal Faculty Mtg.	30 HS Chess@ U-High 5:00		

### **NOVEMBER 2023**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast Menu			1 Coffee cake Fruit Juice	2 Bagel w/ cream cheese Fruit Juice	3 Pancakes Sausage patty Fruit Juice	4
5	6 Danish apple claw Fruit Juice	7 Nutri grain bar Fruit Juice	8 Scrambled egg bowl Toast Fruit Juice	9 Biscuit Sausage gravy Fruit Juice	NO SCHOOL	11
12	13 French toast Sausage links Fruit Juice	14 English muffin Fruit Juice	15 Assorted muffins Fruit Juice	16 Pancake and sausage on a stick Fruit Juice	17 Donuts Fruit Juice	18
19	20 Frittata omelet Toast Fruit Juice	21 Poptart Fruit Juice	NO SCHOOL	NO SCHOOL	NO SCHOOL	25
26	27 Fruit Frudel Fruit Juice	28 Breakfast cookie Fruit Juice	29 Sausage patty Tri-tater Toast Fruit Juice	30 Waffles Sausage patty Fruit Juice		

# **NOVEMBER 2023**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Lunch Menu			1 BBQ pork on bun Bake beans Cole slaw Applesauce	2 Chicken tetrazzini peas Lettuce salad Breadstick Peaches	3 Quesadilla pizza Sour cream/salsa Corn Lettuce salad Pineapple	4
5	6 Deli turkey and cheese wrap Fresh veggies Sun chips Applesauce Cookie	7 Spaghetti w/ meat sauce Green beans Lettuce salad French bread Pineapple	8 Ham ponyshoe French fries Cheese sauce Apricots	9 Bake potato bar Broccoli w/ cheese sauce Mandarin oranges Cookies	NO SCHOOL	11
12	Toast ham and cheese sandwich Tater tots Carrots Cottage cheese Applesauce	14 Taco bake Lettuce salad Breadstick Peaches Graham crackers w/ icing	15 Hamburger on bun French fries Green beans Mix fruit	16 Turkey Mashed potatoes and gravy Corn Dinner roll Baked apples	17 Chicken stips Mac and cheese Peas Apricots	18
19	20 Chicken patty on bun French fries Carrots Mandarin Oranges	21 Bosco stick Marinara/meat sauce Lettuce salad Apple sauce Rice krispy treat	NO SCHOOL	NO SCHOOL	NO SCHOOL	25
26	Pork tenderloin on bun French fries Green beans Apricots	28 Popcorn chicken Mashed potatoes and gravy Corn Peaches	29 Loaded nachos w/meat Cheese sauce Sour cream/ salsa Lettuce Applesauce	30 Chili/chicken noodle soup Fresh veggies peaches Cinnamon rolls		

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\*\*\*\*\*\*\*ECRWSSEDDM\*\*\*\*

#### POSTAL CUSTOMER

