

# OCTOBER 2023

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
<b>Breakfast Menu</b>	2 Pancake & sausage On a stick Fruit Juice	3 Breakfast cookie Fruit Juice	4 Biscuit Ham/cheese/egg patty Fruit Juice	5 Donuts Fruit Juice	6  <b>NO SCHOOL</b>	7
8	9  <b>NO SCHOOL</b>	10 Poptart Fruit Juice	11 Scrambled egg bowl Toast Fruit Juice	12 Mini pancake bits Fruit Juice	13 Breakfast pizza Fruit Juice	14
15	16 Waffles Sausage patty Fruit Juice	17 Yogurt w/ fruit Toast Fruit Juice	18 Assorted muffins Fruit Juice	19 Nutri grain bar Fruit Juice	20 Frittata omelet Toast Fruit Juice	21
22	23 English muffin Fruit Juice	24 Brown sugar oatmeal Toast Fruit Juice	25 Biscuit Sausage & egg patty Fruit Juice	26 Assorted cereal Toast Fruit Juice	27 French toast sticks Sausage links Fruit Juice	28
29	30 Uncrustable Fruit Juice	31 Fruit frudel Fruit Juice				

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<b>Lunch Menu</b>	2 Chicken Bacon Ranch wrap Lettuce Fresh veggies Cottage cheese Applesauce	3 Salisbury steak Mashed potatoes w/ gravy Corn Dinner roll Peaches	4 Loaded tater tots Cheese sauce Sour cream/salsa Peas Pears	5 Sub sandwich Fresh Veggies Peanut butter/ranch dressing Chips Pineapple Cookies	6  <b>NO SCHOOL</b>	7
8	9  <b>NO SCHOOL</b>	10 Hamburger on bun French fries Carrots Pears Pudding	11 Toasted cheese sandwich Tomato/chicken noodle soup Fresh veggies Mandarin oranges	12 Creamed chicken on Biscuit Peas Pineapple Jello	13 Crispitos Cheese sauce Mixed veggies Rice Refried beans Apriots	14
15	16 Corn dog Soft pretzel Broccoli/cheese Mixed fruit	17 Sweet and Sour sauce Popcorn chicken Rice Mixed veggies Egg rolls Peaches	18 Chicken patty on bun French fries Green beans Applesauce	19 Lasagna casserole Green beans Lettuce salad Breadstick Mandarin oranges	20 Chicken fajita Cheese/lettuce Salsa/sour cream Rice Pineapple	21
22	23 Pork tenderloin French fries Corn Pears	24 Tater tot casserole Green beans Bread/butter Pineapple	25 Bosco sticks marinara/meat sauce Lettuce salad Mix fruit	26 Chili/chicken noodle soup Fresh veggies Mandarin oranges Cinnamon rolls	27 Chili/cheese hot dogs Tater tots Peas Peaches	28
29	30 Sloppy Joe Nachos/cheese sauce Salsa/sour cream Corn Mix fruit	31  <b>11:30 Dismissal SIP Day</b>				