

OCTOBER

2020

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
Breakfast Menu	A variety of milk is available every day. This institution is an equal opportunity provider.			1 Bagel w/cream cheese Mixed fruit Apple juice	2 Chicken slider on biscuit Peaches Apple juice	3
4	5 Trix yogurt Raisins Pears Orange juice	6 Donut Applesauce Orange juice	7 Nutri-grain bar Hard boiled egg Mandarin oranges Orange juice	8 Warm breakfast bar Pears Orange juice	9 No School	10
11	12 No School	13 Egg patty on biscuit Pears Apple juice	14 French toast Mixed fruit Apple juice	15 Pop tart Cheese stick Applesauce Apple juice	16 Pancakes Peaches Apple juice	17
18	19 Waffles Applesauce Orange juice	20 Breakfast pizza Apricots Orange juice	21 Sausage patty Toast Tri tater Orange juice	22 Breakfast cereal bar Peaches Orange juice	23 Pancake & sausage On a stick Pineapple Orange juice	24
25	26 Muffins Applesauce Apple juice	27 Fruit frudel Pears Apple juice	28 Frittata Mixed fruit Apple juice	29 Peanut Butter & Jelly Jawich Peaches Apple juice	30 Cereal cup Pineapple Apple juice	31

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<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
Lunch Menu	A variety of milk is available every day. Chef salad and side salads are available every day at the high school. This institution is an equal opportunity provider.			1 Chicken nuggets Bread Vegetables Peaches	2 Quesadilla pizza Salsa Lettuce salad Pears	3
4	5 Crispito w/cheese sauce Bread Cooked carrots Applesauce	6 Creamed chicken on biscuit Green beans Mandarin oranges Jello	7 Deli turkey wrap Sun chips Carrot/celery sticks Pears	8 Beef walking taco With Fritos/salsa Corn Peaches	9 No School	10
11	12 No School	13 Hamburger on bun Tri tater Peas Baked apples	14 Chili mac Cornbread muffins Green beans Mixed fruit	15 Hot dog on bun Baked beans Peaches Pudding	16 Deli turkey on bun Lettuce/tomatoes Corn Applesauce Cookie	17
18	19 Chicken patty on bun Macaroni & cheese Green beans Apricots	20 Opened-faced turkey sandwich Mashed potatoes w/gravy Peas Mixed fruit	21 Chicken fajita Refried beans Carrots Peaches Vanilla wafers	22 BBQ pulled pork Broccoli Tater tots Pineapple	23 Pizza Corn Garden salad Applesauce	24
25	26 Corn dog Nacho chips Bean dip Corn Pears	27 Chicken 'n' noodles Green beans Bread Mixed fruit	28 Hot ham & cheese on bun Tri tater Cooked carrots Peaches	29 Sloppy joe on bun French fries Lettuce salad Applesauce	30 Tenderloin on bun Peas Hard pretzels Pineapple	31