

NOVEMBER 2023

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
Breakfast Menu			1 Coffee cake Fruit Juice	2 Bagel w/ cream cheese Fruit Juice	3 Pancakes Sausage patty Fruit Juice	4
5	6 Danish apple claw Fruit Juice	7 Nutri grain bar Fruit Juice	8 Scrambled egg bowl Toast Fruit Juice	9 Biscuit Sausage gravy Fruit Juice	10 NO SCHOOL	11
12	13 French toast Sausage links Fruit Juice	14 English muffin Fruit Juice	15 Assorted muffins Fruit Juice	16 Pancake and sausage on a stick Fruit Juice	17 Donuts Fruit Juice	18
19	20 Frittata omelet Toast Fruit Juice	21 Poptart Fruit Juice	22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL	25
26	27 Fruit Frudel Fruit Juice	28 Breakfast cookie Fruit Juice	29 Sausage patty Tri-tater Toast Fruit Juice	30 Waffles Sausage patty Fruit Juice		

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Lunch Menu			1 BBQ pork on bun Bake beans Cole slaw Applesauce	2 Chicken tetrazzini peas Lettuce salad Breadstick Peaches	3 Quesadilla pizza Sour cream/salsa Corn Lettuce salad Pineapple	4
5	6 Deli turkey and cheese wrap Fresh veggies Sun chips Applesauce Cookie	7 Spaghetti w/ meat sauce Green beans Lettuce salad French bread Pineapple	8 Ham ponyshoe French fries Cheese sauce Apricots	9 Bake potato bar Broccoli w/ cheese sauce Mandarin oranges Cookies	10 NO SCHOOL	11
12	13 Toast ham and cheese sandwich Tater tots Carrots Cottage cheese Applesauce	14 Taco bake Lettuce salad Breadstick Peaches Graham crackers w/ icing	15 Hamburger on bun French fries Green beans Mix fruit	16 Turkey Mashed potatoes and gravy Corn Dinner roll Baked apples	17 Chicken stips Mac and cheese Peas Apricots	18
19	20 Chicken patty on bun French fries Carrots Mandarin Oranges	21 Bosco stick Marinara/meat sauce Lettuce salad Apple sauce Rice krispy treat	22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL	25
26	27 Pork tenderloin on bun French fries Green beans Apricots	28 Popcorn chicken Mashed potatoes and gravy Corn Peaches	29 Loaded nachos w/meat Cheese sauce Sour cream/ salsa Lettuce Applesauce	30 Chili/chicken noodle soup Fresh veggies peaches Cinnamon rolls		