

NOVEMBER

2020

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
Breakfast Menu	2 Pop tart Cheese stick Pineapple Orange juice	3 No School	4 Donut Apricots Orange juice	5 Pancakes Fruit cup Orange juice	6 Breakfast burrito Pineapple Orange juice	7
8	9 Nutri-grain bar Hard-boiled egg Pears Apple juice	10 Sausage patty Tri tater Apple juice	11 No School	12 Warm breakfast bar Peaches Apple juice	13 French toast Applesauce Apple juice	14
15	16 Trix yogurt Raisins Pineapple Orange juice	17 Pancake & sausage On a stick Mixed fruit Orange juice	18 Teacher Institute Biscuit & gravy Mandarin oranges Orange juice	19 Egg patty on biscuit Mixed fruit Orange juice	20 Cereal cup Applesauce Orange juice	21
22	23 Peanut butter & Jelly jamwich Applesauce Apple juice	24 Fruit frudel Raisins Fruit cup Apple juice	25 No School	26 No School	27 No School	28
29	30 Frittata Toast Fruit cup Orange juice	A variety of milk is available every day. This institution is an equal opportunity provider.				

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<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
Lunch Menu	2 Chicken nuggets Macaroni & cheese Mixed vegetable Bread Apricots	3 No School	4 Meatloaf Baked potato Roll Green beans Mixed fruit	5 BBQ chicken on bun Broccoli Tri tater Pineapple	6 Toasted cheese sandwich Tomato soup Mini carrots/celery Pears	7
8	9 Chicken sticks Lettuce salad Peas Mixed fruit	10 Soft shell taco Cooked carrots Peaches Jello	11 No School	12 Spaghetti w/ meat sauce Green beans Breadstick Applesauce	13 Hot ham & cheese Mixed vegetables Pineapple Cookie	14
15	16 Pig in a blanket Baked beans Cottage cheese Mixed fruit	17 BBQ pulled pork Nacho chips w/cheese Corn Mandarin oranges	18 Teacher Institute Flatbread pizza Side salad Mixed fruit Cookie	19 Turkey roast Mashed potatoes/gravy Green beans Roll Baked apples	20 Cheesy breadstick Marinara sauce Lettuce salad Applesauce	21
22	23 Pizza Corn Fruit cup Cake	24 Chicken patty on bun Sun chips Peas Applesauce	25 No School	26 No School	27 No School	28
29	30 Hamburger on bun Nacho chips Bean salsa Green beans Applesauce	<p>A variety of milk is available every day. Chef salad and side salads are available every day at the high school. This institution is an equal opportunity provider.</p>				