

Hartsburg-Emden CUSD #21

400 West Front Street
Hartsburg, IL 62643

Terry Wisniewski, Superintendent
Jon Leslie, District Principal

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Dear Students and Parents/Guardians,

Recently the Illinois Department of Public Health came out with updated guidelines for schools. The key areas of change were:

- The Definition of Direct Contact
- The Self-Quarantine Requirements
 - The Requirements to Return to School

For direct contact, it does not matter if you are wearing a mask or not. The masks greatly reduce the chances of getting the COVID-19 virus and when worn with 6ft social distancing it is most effective. So, if you come within 6ft (with or without a mask) for more than 15 total minutes in a day (change 2) you've had contact. The original definition had 15 consecutive minutes. Now, you have to count each time you are within 6ft and total that time up. If that total time is more than 15 minutes, then you have had direct contact. Also, if the person is experiencing symptoms, then they are considered more contagious and any amount of time within 6ft may cause transmission of the COVID-19 virus and may qualify as a direct contact.

For self-quarantine requirements, any COVID-19 symptoms (known or unknown cause) places you into self-quarantine and a medical professional's note (doctor, physician's assistant, nurse practitioner, etc.) or a negative COVID-19 test is required to return to school. If one child is sick, every child/student/employee in the household needs to be in self-quarantine until cleared to return to school. In the case of a known cause, a medical professional may give a note that can be good for each semester. That note must state the students' condition (asthma, IBS, migraines, allergies, anxiety, etc.) and the symptoms that may arise from that known condition (headaches, runny nose, cough, etc.). The child still cannot come to school with any symptoms, but won't need a note each time those specific symptoms appear. Other members of the household may come to school in this case. All students must be 100% symptom free to come to school. If any symptoms other than what the medical professional lists appear, then the self-quarantine requirements are back in place. Also, if anyone in the household has tested positive for COVID-19, then you must fulfill the quarantine requirements (this is for essential employees as well).

Below you will see the updated sections of our Re-Opening Plan.

If you have questions, please send me an email or call the school.

Sincerely,



Terry L. Wisniewski, *Superintendent*

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Re-Opening Plan

Hartsburg-Emden C.U.S.D. #21

Having Symptoms:

- Students and staff will be excluded from school if they exhibit one of the following symptoms of COVID-19 based on the IDPH Guidance
 - 100.4° Fahrenheit/38° Celsius fever or greater
 - Persistent Cough
 - Shortness of breath or difficulty breathing
 - Repeated shaking with chills
 - Muscle pain
 - Headache
 - Sore throat
 - Loss of taste or smell
 - Nausea or vomiting
 - Diarrhea
 - Runny Nose *(new to the list)

After Having Symptoms:

- Once you have been excluded from the school environment for having the symptoms above, you may return if you satisfy one of the following conditions:
 - you have been approved to do so (in writing) by a medical professional (doctor, physician's assistant, nurse practitioner, etc.)
 - a medical professional is satisfied that the symptoms were not COVID-19
 - you are symptom free for 24 hours without the use of temperature lowering medication
 - a negative COVID-19 test
 - you are symptom free for 24 hours without the use of temperature lowering medication
 - after a self-quarantine for 10 calendar days from the onset of symptoms
 - you are symptom free for 24 hours without the use of temperature lowering medication

Note: A medical professional may provide a note (which may be good for each semester) for known conditions an individual (asthma, ibs, migraines, allergies, anxiety, etc.) may have and the symptoms for that condition (headaches, runny nose, cough, etc.) must be given. Students still need to be symptom free to return to school. The individual will not need a medical professional's note each time he/she has known symptoms caused by his/her condition only if the medical professional allows it.

- Once someone in a household is excluded from the school environment for having the symptoms above, all individuals within the household are also excluded from the school and may return when one of the following conditions are satisfied:
 - The person with symptoms has been approved to do so (in writing) by a medical professional
 - a medical professional is satisfied that the symptoms were not COVID-19
 - a negative COVID-19 test for the person with the symptoms
 - after a self-quarantine for 10 calendar days of from the onset of the person with symptoms

Note: If a medical professional provides a note for known conditions, other individuals in the household do not need to self-quarantine when known symptoms appear.

Confirmed case of COVID-19:

- The test site will inform the positive individual directly
- The test site will ask about contact (for tracing) . . . who you came in contact with (see Definition of Contact below)
 - They will ask you to provide a list of everyone the positive individual may have come in contact with over the previous several days
- The school may assist in this process as we are required to keep seating charts for classes and on buses
- You may give the Logan County Health Department permission to send the school your date of release from self-quarantine directly

Definition of Contact:

- The definition of contact is . . . coming within 6 feet of a person who tested positive of COVID-19 . . . with or without a mask on . . . for more than a total of 15 minutes in any given day
- Contacts must be direct . . . of the first degree
 - Coming in contact with a person . . . who was in contact with . . . a person who tested positive for COVID-19 does not put you in with COVID-19 (you must have direct contact with a positive person)

Quarantine Requirements:

- Individuals who have tested positive for COVID-19 may return to school/work after 10 calendar days of self-quarantine from the positive test date
- Individuals who have come in contact (by the definition above) with a person who has tested positive for COVID-19 may return to school/work after 14 calendar days from the time of contact with the positive tested person
 - If you choose to get tested and it is negative . . .
 - essential individuals may return to work
 - you must still self-quarantine outside of work
 - non-essential individuals (students) must still self-quarantine
- If a person has tested positive for COVID-19, then all students/employee within the household must self-quarantine (essential or not)