

# HARTSBURG-EMDEN CUSD NO. 21 DECEMBER 2017 NEWSLETTER

## FROM THE SUPERINTENDENT'S DESK

Terry Wisniewski, Superintendent

December has become the month in which I typically discuss good sportsmanship and the importance it has in developing our students. 30 years ago, I was a senior in High School, getting ready to graduate. My goal was simple, go to ISU (Illinois State University) to study Mathematics in order to get a job teaching mathematics and coach basketball. This is my 22<sup>nd</sup> year in education. So, you can see my plan didn't quite turn out the way I anticipated. I dropped out of ISU (2<sup>nd</sup> semester, Junior year) to join the Marine Corps after my brother was shipped to Saudi Arabia. While I was in boot camp, the "100 Hour Ground War" took place and the Iraq forces were pushed out of Kuwait. Anyway, it ended up taking me 8 years (after I graduated) to meet that goal of becoming a Mathematics Teacher, then becoming a Basketball Coach. My basketball coaching career consists of being a Head Coach for Freshman Basketball (class 4A school - over 2000 students in grades 9-12) while being an Assistant Varsity Coach (Bradley-Bourbonnais Community High School). I also coached basketball at the 5<sup>th</sup>&6<sup>th</sup> grade level at Donovan Junior High (class 1A – a little bigger than Hartem). In addition, I coached for several years at the youth league levels for my oldest son. Basketball was the only sport I ever coached. It also happened to be my favorite sport to watch, play, study, learn, and teach. Basketball consumed a majority of my time from October to March. My coaching career quickly came to an end for me after I entered administration. However, my love for all sports (not just basketball) has always been strong. I have learned that it is extremely easy to get caught up in a sport. It is also easy to express dissatisfaction in something (a bad play or a bad call). Most people like to win and hate to lose. It is not uncommon to be caught in a position where you do not represent yourself or your school in a very positive manner. However, whether we are a parent, player, coach, staff member, or spectator, it is critical that we model good sportsmanship. Our kids learn from our actions more so than what we say. So, what we do does leave an impression on them. Please keep this in mind when attending sporting events. I ask that everyone to please demonstrate good sportsmanship while attending our sporting events. I also would hope that all of you find an

opportunity to come out and watch our students compete. There is something special about watching our students (at each of the levels) compete. Please, check out our website (or come in and get a pocket calendar) and come enjoy a game with us. Go Stags!!

Christmas Break – WOW! Every year it seems to come faster and faster. For me, Christmas is a season associated with great joy. It is a time of God showing His great love for us. It can be a time of healing and renewed strength. It often is a busy time, with expectations of fun and joy with our families. However, for some people, Christmas can be a time of sorrow. They don't have the extra money to buy presents for their children, family, and friends. Others may be saddened at Christmas time when a loved one is not with them for the holidays for various reasons. A kind word or gesture to those who are less fortunate or who have lost a loved one this past year can go such a long way. It is important that we keep in mind all the things we've personally been blessed with and be considerate of those who may have some struggles. I wish everyone a very Merry Christmas this year!!

## DECEMBER BREAKFAST & LUNCH COSTS

14 Student Breakfasts	@\$2.00	\$28.00
14 Reduced Student Breakfasts	@\$0.40	\$5.60
14 Student Lunches	@\$2.65	\$37.10
14 Reduced Student Lunches	@\$0.60	\$8.40

Students at Hartsburg will need to pay for seconds. Entrées are \$.90, vegetable/fruit are \$.50 and milk is \$.40. Seconds need to be paid for at the time they are served. Adult lunches purchased are \$3.15. You can check your student's meal account balance using the Parent Portal. Contact Erika at the high school if you need assistance in accessing this information.

## HARTEM COMMUNITY ANGEL TREE

The children in our area need our help again this holiday season. We have over 50 children on the Angel tree from Hartsburg and Emden. The tree is located at J's place in Emden this holiday season. Any help that you could give these children would be greatly appreciated. The children are what Christmas and giving is all about, please help if you can. We hope that you and your family have a safe and wonderful holiday season! Any questions please contact:

Laura Kavanaugh 217-737-7924

Michael Kavanaugh 217-737-5509

## **PRINCIPAL'S MESSAGE**

Jon Leslie, Principal

Happy Holidays!!! To me, the Holiday Season is a time of year in which we have the opportunity to bless and show our love for others. One way that we can do this in the school community is showing support for one another. We have many school activities going on in the month of December. I urge you to come to a few.

Before I get into what has been going on in our school and some of the upcoming events, I wanted to remind people about our Twitter and Facebook pages. They are updated regularly with current and future school announcements. Since it is December, we can start to expect some inclement weather. Emergency closings can be found on the all of our media pages. In addition, you will also receive an automated telephone message (School Reach). If you have not been receiving School Reach messages throughout this school year, please contact the district office as soon as possible.

Since our last newsletter, many awesome events have happened in our schools. Our Varsity Volleyball Team finished a good season! We are proud of you. During the month of October, we participated in Bullying Prevention Month. The University of Illinois Extension Office led several sessions of bullying prevention with our junior high students. These sessions were well received by the students. We will continue similar things throughout the year. We also had a wonderful Veteran's Day Program at our Elementary School and for the first time in many years at our High School as well. We had Red Ribbon Week at the end of October. Red Ribbon Week is a drug awareness and prevention campaign. We as educators do what we can to educate and help keep your child safe from drugs and alcohol. Parents, if you haven't already done so, talk to your child about drug and alcohol prevention. It is a conversation worth having.

Our basketball seasons have already begun. Our junior high team has already competed in several games. Recently our High School team kicked off their season with several competitive games at the El-Paso Thanksgiving Tournament.

The month of December has many more activities ahead including both an Elementary Christmas Program and Junior/Senior High School Christmas Concert.

Please check the rest of this newsletter and our calendar for a complete list of happenings at our schools.

Students, let's finish the first semester strong. We only have a few short weeks before we are halfway done with the 2016-2017 school year. Please keep in mind that semester exams are a substantial part of a high school student's semester grade. Please be well prepared and well rested for the taking of these tests. Parents, please remember that you can check your child's progress on our Tyler Information System. If you need help in accessing the program, contact our District Office.

I would like to wish all of you a Merry Christmas and Happy Holiday Season.

**GO STAGS!!!**

## **ATHLETIC DEPARTMENT**

Matt Stoltzenburg, Athletic Director

Happy Holidays from the Hartsburg-Emden athletic department. I hope everyone had their fill of turkey and is ready for some basketball and volleyball. The junior high and high school basketball teams are about in midseason form, while the junior high volleyball season is right around the corner.

The jr. high basketball teams have home games on December 7<sup>th</sup> and 12<sup>th</sup>, as well as January 4<sup>th</sup> and 9<sup>th</sup>, with the latter being 8<sup>th</sup> grade night. They will be in the Logan County Tournaments at Lincoln College on January 6, 11, 13, and 18. The 7<sup>th</sup> grade regional will start on the 20<sup>th</sup> and the 8<sup>th</sup> grade will start on the 27<sup>th</sup>.

The high school basketball team has home games on December 5<sup>th</sup> and 16<sup>th</sup>, as well as on January 16<sup>th</sup>. They are not in a Christmas tournament this season, but do play in the inaugural LCU Shootout on January 6<sup>th</sup> at Lincoln Christian University. The boys will also be in the Auburn / Springfield Lutheran tournament at the end of January.

Just as a heads up, the junior high volleyball team is getting their season started with practice during the month of December. They will begin play in January with their first home game on the 9<sup>th</sup>.

I hope everyone has a Merry Christmas and a Happy New Year.

## GUIDANCE DEPARTMENT

Amanda Feltes, K-12 Guidance Counselor

It's hard to believe that December is already here! In a few short weeks, winter break will be upon us.

Although this time of year can be filled with many fun events, it can also be stressful and it's even more important to practice good self-care. Take care of yourself with these tips from the American Heart Association:

### 1. Positive Self-Talk

We all talk to ourselves; sometimes we talk out loud but usually we keep self-talk in our heads. Self-talk can be positive ("I can do this" or "Things will work out") or negative ("I'll never get well" or "I'm so stupid"). Negative self-talk increases stress. Positive self-talk helps you calm down and control stress. With practice, you can learn to turn negative thoughts into positive ones.

### 2. Emergency Stress Stoppers

You may need different emergency stress stoppers for different situations and sometimes it helps to combine them. • Count to 10 before you speak • Take three to five deep breaths • Walk away from the stressful situation & handle it later • Don't be afraid to say "I'm sorry" if you make a mistake

### 3. Finding Pleasure

When stress makes you feel bad, do something that makes you feel good. Doing things you enjoy is a natural way to fight off stress. Try to do at least one thing you enjoy every day for 15 minutes. • Take up a hobby, new or old • Read a favorite book, short story, magazine, or newspaper • Have coffee or a meal with friends • Exercise and/or Listen to music

### 4. Daily Relaxation

Relaxation is more than sitting in your favorite chair watching TV. To relieve stress, relaxation should calm the tension in your mind and body. Some good forms of relaxation are yoga, tai chi (a series of slow, graceful movements) and meditation. Like most skills, relaxation takes practice. Deep breathing is a form of relaxation you can learn and practice at home.

I hope our Seniors use this break as a time to work on scholarships and any last college applications. The earlier a college receives an application, the more favorably it is generally viewed.

Most colleges also practice what is known as "Rolling Admissions," meaning that they process applications as they are received, so those applying early often find out much sooner about their admissions status. This can be a big advantage later when having to make a final decision about where you'll attend in the fall. The bottom line – it pays to apply to colleges early. Many colleges set a scholarship deadline between December – March. Make sure you check with each college to determine important deadlines.

Winter break is a perfect time for Juniors to be practicing for the SAT, researching colleges, careers, and setting goals for after high school. I suggest that students use their winter break very wisely! Juniors who took the PSAT in October should be receiving their score reports sometime this month. Students can access their scores online through a College Board account. Additionally, students can link their scores to Khan Academy for personalized SAT test prep. I will be walking students through how to complete this once scores are available. Any Junior student who did not take the PSAT can still gain access to personalized SAT prep through College Board and Khan Academy by taking a few quizzes. As always, any student or parent with questions is encouraged to contact Mrs. Feltes.

## 18-19 DUAL-CREDIT COURSES

Are you interested in taking college classes while still in high school? Dual credit is an opportunity for students in grades 11-12 to take classes in high school and one or more college level classes on an online university. Dual credit courses are a great opportunity to receive extra high school credit AND earn college credit towards Gen. Eds. The courses that will be offered next year are: **BUSN 110: Introduction to Business** and **HIST 102: Western Civilization since 1500**.

### **Qualifications:**

If you are interested in taking a Dual Credit course next year (AY 17-18), you MUST complete a Heartland application by March 1 and ACCUPLACER Assessment (or submit a qualifying score) by March 31 in order to be eligible to enroll in the course. Students can submit qualifying ACT or SAT scores in place of the ACCUPLACER. See Mrs. Feltes for details.

Be sure to check our school website for information regarding scholarships and deadlines!!!

## FFA NEWS

Be looking for the Christmas Trees to be going up in Whistle Stop Park. FFA members are using this down time to start preparing for our Spring Contests. This Spring the FFA members will be participating in Meats Judging, Poultry Judging, Dairy Judging, Public Speaking, Parliamentary Procedure, and more. We will be planning a Spring Food Drive once the weather gets a bit warmer. We would like to thank everyone for their continued support of the FFA.

## BAND NEWS

Calob Pluhm, 6<sup>th</sup>-12<sup>th</sup> Band/Choir Director

Winter Concert - The junior high and high school music ensembles will be performing December 4th at 7:00 pm in the High School Gymnasium. Students who are performing should arrive at 6:30 pm.

Band and Chorus Fundraiser - Thank you to all who participated in our fundraiser! Your support provides our students a quality music experience, from instruments and music, to festival participation, and much more! Product has been ordered and will be delivered the week of 12/11/17-12/15/17.

Pep Band - Upcoming games include December 5th, call time is 5:30; and December 16, call time is 4:30.

## THANK YOU TO OUR VETERANS

Emden Elementary would like to thank all of the veterans and people of the community for coming to our Veterans Day Program. It was a very special day to say thanks to very special people!



## EMDEN ELEMENTARY GRANDPARENTS DAY

Emden Elementary hosted our grandparents and celebrated Thanksgiving! Every class shared a special skit, reading or poem on the stage. We finished the day sharing coffee, cookies and juice. What a special time to share!



## PANCAKE & SAUSAGE BREAKFAST AND CHRISTMAS CRAFT SHOW

The Junior Class will be hosting a Pancake & Sausage Breakfast and Christmas Craft Show on Sunday, December 10<sup>th</sup> at the Emden Community House. Breakfast will be served from 8:00am – 12:00. Christmas Craft Show will be 8:00am – 2:00pm. Mark your calendars! We are inviting SANTA for pictures!!!



**CALLING ALL CRAFT and SMALL BUSINESS VENDORS!** Please call Jennifer Hayes (217) 376-3151 if you'd like a spot at our Vendor Christmas Show. It's \$25 a spot. The show will be from 8:00am – 2:00pm. Saturday Night set-up will be available!

## UPCOMING EVENTS

- Monday, December 4<sup>th</sup> JH/HS Winter Concert, HS Gym 7:00
- Wednesday, December 6<sup>th</sup>-2:00 Dismissal
- Friday, December 8<sup>th</sup>, Donuts with Dad at Emden Elementary
- Thursday, December 14<sup>th</sup> Emden Elementary Christmas Program, HS Gym 6:30
- Tuesday, December 19<sup>th</sup>-2:00 Dismissal
- Wednesday, December 20<sup>th</sup>-2:00 Dismissal
- Thursday, December 21<sup>st</sup> – January 3<sup>rd</sup> Christmas Break

# DECEMBER

# 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>School Calendar</b>				1	2 HSBK @ W-L 6:00
3	4 6 <sup>th</sup> -12 <sup>th</sup> Winter Concert @ HS Gym 7:00	5 JHBK @ Greenview 6:00 HSBK vs. IC 6:00	6 <b>2:00 Dismissal Faculty Meeting</b>	7 JHBK vs. IC 6:00  FFA-Dairy Foods @ AC Central 4:30	8 Donuts with Dads @ GS 7:50-8:20  <b>JHVB-1<sup>st</sup>-5<sup>th</sup> grade Slumber Camp</b>	9 FFA-State agronomy/Dairy/Meats Competition
10 Post Prom Pancake/Sausage Breakfast 8-12 and Christmas Craft Show @ Emden Comm House 8-2	11 JHBK @ CEL 5:00	12 JHBK vs. Blessed Sacrament 6:00 HSBK @ Dee-Mack 6:00	13	14 Emden Elementary Christmas Program @ HS Gym 6:30	15	16 Sr. Beta Club Gift Wrapping Fundraiser @ HS Café 12:00-3:00  HSBK vs. Delavan 5:00
17	18 <i>Levy Hearing and Board Mtg 6:45</i>	19 <i>Qtr 2/Sem 1 Rpt Card</i> JHBK @ Dee-Mack 5:30  <b>2:00 Dismissal</b>	20 Emden Elementary Christmas movie @ Arlee Theater 9:00 <b>2:00 Dismissal</b>	21 <b>No School</b>	22 <b>No School</b>	23
24	25 	26 <b>No School</b>	27 <b>No School</b>	28 <b>No School</b>	29 <b>No School</b>	30
31 						

## **SR. BETA CLUB FUNDRAISER**

The Senior Beta Club is doing a Christmas Gift Wrapping Fundraiser. It will take place on Saturday, December 16 from Noon-3:00 pm in the HS Cafeteria. Suggested donation is \$1/gift wrapped. All you need to do is bring gifts and we will wrap them for you. If you have special wrapping paper you want used, please bring it and we will use it. If you have any questions, please contact Mr. Robinson at the H.S.

## **“FIT FOR HARTEM”**

The junior high “Fit For Hartem” student for November is Cassie Crabtree. Cassie brings a positive attitude knowledge of the activity and willingness to help fellow class mates and the teachers in her class every day. She is a true example of what “Fit For Hartem” means. Congrats Cassie!



## **CATCH MVP**

The grade school “CATCH MVP” student for November is Micah Robinson. Micah brings positive attitude, energy, and willingness to help fellow class mates and the teachers in his class every day. He is a true example of what “CATCH MVP” means. Congrats Micah!

## **JUNIOR HIGH STUDENT COUNCIL**

Lynn Curry, JH Student Council Sponsor

The Junior High Student Council has been busy participating in a variety of community service projects. Members are: Gillian Harris, President, Cohnor Langley, Vice-President, Jenna Benner, Blake Martin, Lily Barry, Prescott Davis, Evan Cross and Izzy Cox.

In October, they collected over 150 pairs of new socks that have been donated to a local group. Thank you to all who donated socks for our cause! The 7<sup>th</sup> grade class collected the most and won class reward of a movie and snacks. Also, the student council sponsored Red Ribbon Week. The sixth grade class was the winner of the dress up days.

In November, the group helped Mrs. Marilyn Willmert assemble Veterans Day mail bags that were presented to veterans at the annual Logan County Veterans Day supper. The mail bags contained cards created by Logan County students. The Junior High Student Council is in the process of planning activities and a fund raiser for next semester.



## **DONUTS WITH DADS**

Emden Elementary is inviting all Dads to come eat donuts with your child(ren) during breakfast. We are serving breakfast between 7:50-8:20 on Friday December 8<sup>th</sup>! Call and reserve your donuts! 376-3151! See you there!

*Happy Holidays*

## **QUARTER AUCTION**

Please join us at the Emden Community House on Sunday, December 3<sup>rd</sup> for a Quarter Auction. The funds raised through the auction will go to help with the local Hartsburg-Emden angel tree. The quarter auction will take place at 2:00pm. Hope to see you there!

# DECEMBER

A variety of milk is available every day.  
This institution is an equal opportunity provider.


<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
<b>Breakfast Menu</b>					<b>1</b> Sausage links-H.S. Tri tater Toast Orange juice	<b>2</b>
<b>3</b>	<b>4</b> Pancake & Sausage On a stick Applesauce Apple juice	<b>5</b> Peanut butter & Jelly jamwich Apricots Apple juice	<b>6</b> Blueberry parfait Toast Fruit cocktail Apple juice	<b>7</b> Bagel Cream cheese Peaches Apple juice	<b>8</b> French toast Applesauce Apple juice	<b>9</b>
<b>10</b>	<b>11</b> Whole grain pancakes Applesauce Orange juice	<b>12</b> Fast start breakfast bar Toast-H.S. Mixed fruit Orange juice	<b>13</b> Cheerios Toast-H.S. Banana Orange juice	<b>14</b> Eggo mini waffles Apricots Orange juice	<b>15</b> Blueberry muffin Peaches Orange juice	<b>16</b>
<b>17</b>	<b>18</b> Waffles Peaches Apple juice	<b>19</b> Fruit frudel Mandarin oranges Apple juice	<b>20</b> Breakfast pizza Applesauce Apple juice	<b>21</b> <b>No School</b>	<b>22</b> <b>No School</b>	<b>23</b>
<b>24</b>	<b>25</b> <b>No School</b>	<b>26</b> <b>No School</b>	<b>27</b> <b>No School</b>	<b>28</b> <b>No School</b>	<b>29</b> <b>No School</b>	<b>30</b>
<b>31</b>						





## EMDEN ELEMENTARY CHRISTMAS PROGRAM

Rachel Jordan, K-5 Music/Art Teacher

**"This Magic Season"**, the Elementary Kindergarten-Fifth Grade Christmas Program, will be presented on Thursday, December 14<sup>th</sup> at 6:30 p.m. in the Hartsburg-Emden School Gym. Students have been busy little elves  learning their songs and working in their "workshop" getting everything ready. I have also heard that a "special visitor" is stopping by to spread some Holiday Cheer!! We will be collecting new coloring books, new crayons, activity books, puzzles, decks of cards and other small games to donate to the Children's Hospital of Illinois in Peoria, at the program. This is a project that Mrs. Simonton and her High School Civics /American Government class are sponsoring. If you are able to share, this would bring some cheer to critical children who are in the hospital over the Christmas season. We hope that you are able to come out and enjoy, as our students share their many talents. Have a very Merry Christmas and a Happy New Year!



Hartsburg-Emden C.U.S.D. #21  
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